

# Biblical Humility

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**Christ is our ultimate example of humility. Below is a list on how he showed humility. Pick out a couple these passages to read over and think about. Jot down your thoughts about what you think is meaningful about the passages in the space under the table**

1. He left heaven's glory.	John 17:5 ; 2 Corinthians. 8:9
2. He made himself of no reputation.	Philippians. 2:7
3. He abstained from his omnipresence for a period.	John 11:14–15
4. He abstained from his omniscience for a period.	Mark 13:32 ; Luke 8:45–46
5. He abstained from his omnipotence for a period.	John 5:19–20
6. He was made in the likeness of men.	John 1:14 ; Romans 1:3 ; Gal. 4:4 ; Hebrews 2:14, 17
7. He humbled himself—that is, he submitted to authority.	1 Peter 2:21–24
8. He became obedient unto death.	Matt. 26:39 ; John 10:18 ; Hebrews 5:8 ; 12:2
9. He died on a cross.	Psalm 22 ; Isaiah. 53 ; Galatians 3:13

**Below is a list of rewards of a man of humility. Pick a couple to read and meditate on. Ask yourself, why is this a result of humility? Why significant? Jot down your answers and any other thoughts that you have about these results of humility. Write your thoughts below the table.**

<b>Those who show humility are...</b>	<b>Passage</b>
Regarded by God.	Psalm 138:6 ; Isaiah 66:2
Enjoy the presence of God	Isaiah 57:15
Delivered by God	Job 22:29
Lifted up by God	James 4:10
Exalted by God	Luke 14:11 ; 18:14 .
Are greatest in Christ's kingdom	Matthew 18:4 ; 20:26-28
Receive more grace	Proverbs 3:34 ; James 4:6
Upheld by honor	Proverbs 18:12 ; 29:23
Leads to riches, honor, and life	Proverbs 22:4 .

**Below is a list of people who showed humility. Pick a couple of these people and think about how they showed humility. Read the verses around the text to get an idea of the context. Ask yourself, How did these people show humility? Why did these people show humility? Was there a result(s) of their humility? Jot down your answers below.**

Abraham. Genesis 18:27	Gideon. Judges 6:15 .	David. 1Chronicles 29:14 .	Hezekiah. 2Chronicles 32:26 .
Jacob. Genesis 32:10 .	Joshua. Joshua 7:6 .	Manasseh. 2 Chronicles 33:12 .	Isaiah. Isaiah 6:5
Josiah. 2Chronicles 34:27	Job. Job 40:4 ; 42:6	John the Baptist. Mt 3:14; John 3:3	Centurion. Matthew 8:8
Paul. Acts 20:19	Elizabeth. Luke 1:43	Woman of Canaan. Matthew 15:27	Peter. Luke 5:8

### **Application**

Take some time to ask God how he wants you to apply humility into your life. What verses were the most meaningful? Write out a few things that you can specifically do to show humility in your life this next week.