

## **The Lord's Prayer Method**

- Using Jesus' themes as a guide to your prayers - how and what we pray for during a prayer time. Each phrase is used as a prompt to guide our words on that topic. Use bullet points and verses to help you as you pray each phrase.

### **Adoration**

*“Our Father, who art in heaven, Hallowed be thy name”*

- Praise God for being our perfectly loving, caring, and guiding Father.
- Thank God for adopting us into his eternal family through Christ.
- Praise God that He is in heaven as sovereign Lord; reigning and ruling in glory.
- Adore His Hallowed name. He is holy, set apart, to be revered & honored by all.
- Pray God will make His holiness evident throughout the world & that we would honor his name, keep it sacred, in everything we do.
- Adore Him for any other characteristic of His person you want to highlight.

But now, O Lord, you are our Father; we are the clay, and you are our potter;  
we are all the work of your hand. (Isa 64:8)

You have received the Spirit of adoption as sons, by whom we cry, “Abba!  
Father!” (Rom 8:15)

How great is the love the Father has lavished on us that we should be called  
sons of God! (1 John 3:1)

Our God is in the heavens, he does all that he pleases. (Ps 115:3)

Holy, holy, holy, is the Lord Almighty; the whole earth is full of his glory. (Isa 6:3)

*“Thy kingdom come”*

- Praise God that He is the King over earth and heaven.
- Praise God that He is advancing His kingdom as the gospel spreads.
- Express awe and expectation as Jesus, the King of Kings, will one day return and rule in the new heavens and new earth.
- Pray God would extend His royal power, rule, and glory over every part of your life - emotions, desires, thoughts, commitments.
- Pray that His will, lordship, and kingdom would grow in your family, friends, city, and in the world.

All that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all. (1 Chron 29:11)

And this gospel of the kingdom will be proclaimed throughout the whole world as a testimony to all nations, and then the end will come. (Matt 24:14)

The kingdom of the world has become the kingdom of our Lord and of his Christ, and he shall reign forever and ever." (Rev 11:15)

*"Thy will be done - on earth, as it is in heaven."*

- Praise God that He accomplishes all His purposes; what He plans, happens.
- Praise God that He reigns, His will is being done on earth and in heaven.
- Ask God to give you understanding into His will and that you would follow it.
- Pray that God would help you endure difficulties in your life according to His will - with patience and grace & grant humility to accept the hard things, as Christ did.

I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done, saying, 'My counsel shall stand, and I will accomplish all my purposes.' (Isa 46:9-10)

My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will. (Matt 26:39)

My grace is sufficient for you, for my power is made perfect in weakness.  
(2 Cor 12:9)

## Asking for Needs

*"Give us this day our daily bread"*

- Praise God as the one who provides for us and gives good gifts.
- Express reliance and trust of God to provide each day's needs.
- Pray God would supply all your daily needs that you may live fully for Him.
- Pray that you would hunger for the Word of God, the bread of life. Pray that God would nourish you spiritually each day as you read the Word.
- Pray for the needs of others that come to mind.

The Father in heaven will "give good gifts to those who ask him!" (Matt 7:11)  
And my God will meet all your needs according to his glorious riches in Christ Jesus. (Phil 4:19)

But seek first his kingdom and his righteousness and all these things will be added to you. (Matt 6:33)

Man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord. (Deut 8:3)

### **Confession & Petition**

*“And forgive us our debts, as we forgive our debtors”*

- Praise God for the gospel, His eternal forgiveness through Christ's sacrifice.
- Confess any sins that have been a part of your life, ask for forgiveness and be assured that God hears and gives power to change.
- Pray God would bring to mind anyone you need to forgive. Pray for strength to forgive those who have wronged you.

He has delivered us from the domain of darkness  
and transferred us to the kingdom of his beloved Son,  
in whom we have redemption, the forgiveness of sins. (Col 1:13-14)

If we confess our sins, he is faithful and just, to forgive us our sins and purify us  
from all unrighteousness. (1 Jn 1:9)

Be kind and compassionate to one another, forgiving each other, just as in Christ  
God forgave you. (Eph 4:32)

*“And lead us not into temptation, but deliver us from evil”*

- Praise God that He is the deliverer, the savior - giving power to overcome.
- Pray for strength and wisdom when trials & hardships come your way.
- Pray that God would strengthen and protect you from Satan, the evil one.
- Ask for the armor of God to protect you against temptation and sin.
- Pray for ideas on how we can help one another fight sin and endure trials.

God cannot be tempted with evil, nor does he tempt anyone (James 1:13)  
Consider it pure joy, my brothers, when you experience trials of many kinds,  
for you know that the testing of your faith produces perseverance (James 1:2-3)  
But the Lord is faithful, and he will strengthen and protect you from the evil one.  
(2 Thess 3:3)

Put on the full armor of God so that you can take your stand against the Devil's  
schemes. (Eph 6:10)

## **Ending Praise & Thanksgiving**

*“For thine is the kingdom, and the power, and the glory, forever, Amen”*

- Give thanks to God for His many blessings, His kingdom, power, and glory.
- Praise God that His kingdom is an everlasting kingdom. He is on His eternal throne.

Yours, O Lord, is the greatness and the power and the majesty and the splendor...in your hands are the strength and power to exalt and give strength to all. (1 Chron 29:11-12)

Your kingdom is an everlasting kingdom, and your dominion endures through all generations. (Psalm 145:13)