

## **Thankfulness Themes**

### **You give and sustain our physical life**

- For making us in your image, capable of knowing, loving, serving, and enjoying you and others.
- For preserving our lives thus far - bringing us through injuries and illnesses so that we are alive today.
- For the comforts that make our lives enjoyable, pleasant, and bearable.
- For the successes we have received, goals attained, and the blessings we weren't wise enough or capable of achieving - but that you sent anyway.

### **You give and sustain our spiritual life**

- For your plan of salvation itself and how the Father, Son, and Holy Spirit planned it from the depths of eternity.
- For Christ emptying yourself for his glory for us.
- For Christ's teaching and character that reveal the beauty of holiness.
- For Jesus' death on our behalf, paying for sins and bringing us into relationship with God.
- For the Holy Spirit's power and presence in our lives enabling us to understand your truth.
- For, through the Spirit, conforming us to Christ's character and giving us spiritual gifts to serve others.
- For the giving us the Scriptures, Word of God - for its wisdom and truth and power.
- For the church - giving its congregations and leaders to shape us and form us, and help us grow in faith, hope, and love.
- For the Christian friends who have given us so much.
- For the assurance of our salvation, that we can rest in the future resurrection and the joy of living with you forever.

### **You give us particular mercies**

- You have always been patient with us.
- You have helped us change and break bad habits and patterns of thought, heart attitude, and practices.
- You have protected us from the fuller consequences of our own blindness and foolishness.
- You have revealed yourself to us, giving us a relationship with you.
- You have answered our prayers.
- You have walked with us through pain and suffering.